



OCB Mr /Ms Natural Indiana Pro Qualifier September 26, 2009 Indianapolis, IN

Coverage in Fitness & Physique Magazine

Location: Lutheran High School, 5555 S. Arlington Ave, Indianapolis, IN 46237

Show times: Prejudging: 11:00 AM, Finals 5:30 PM

Divisions: Men's Bodybuilding: Teen, Novice, Masters 40+, Open – **Women's Bodybuilding:** Masters 35+, Open
Figure: Novice, Masters 35+, Open. Classes divided evenly by height. Promoter reserves the right to add or drop classes based on the number of competitors. Competitor must compete in open classes to qualify for IFPA pro eligibility (awarded to open overall winners in bodybuilding and figure)

Division Details: Teen Division: Open only to those who are age 19 and under. **Novice Division:** Open only to those who have never placed first in a bodybuilding or figure show before (unless the only competitor in the class). **Masters Divisions:** Open only to those falling into the stipulated age range (ex. 40+ is age forty and over). **Open Division:** Open to anyone regardless of age and level of experience. Open Overall winners become IFPA Pro eligible.

Crossovers: A "crossover" is entering more than one division. No crossovers between Novice and Open. No crossovers between Figure and Bodybuilding.

Check-in: Friday September 25th 6:00-8:00pm at the host hotel. Any competitors not reporting to the venue prior to 9:30 am will be scratched from the show.

Contestant meeting: 9:30 am at the venue

Fees: Entry \$50 must be received by 9/23. Crossovers \$25 per additional class. OCB Membership \$50. \$30 Polygraph Fee paid directly to tester. No Late entries will be accepted every competitor will be listed in the program as well as receive a gift bag. Fees non-refundable. Current OCB or NANBF memberships accepted.

Drug Testing: All competitors subject to drug testing (urinalysis/polygraph or both). Photo identification required. Polygraphs will be scheduled on September 25th. Urinalysis will be performed during prejudging.

Awards: Genuine Swords for top 5 placements in each class. Top 5 placed. Crystal Plaques awarded for Overall Titles

Tickets: Adult General Admission \$10 Day Show, Adult General Admission Evening Show \$20, Adult General Admission All Day Trainer Pass \$25, Under 4 Free Admission. Tickets non-refundable. To purchase tickets in advance call

Jennifer 317-698-3156

Photography and Video coverage will be provided. Do not bring camcorders to the event

NO TANNING PRODUCTS ALLOWED INSIDE THE VENUE

Tanning: Spray Tanning is highly recommended and will be available at the host hotel the day before and at the venue the day of the event by Liquid Sun Rayz 513-460-6152 www.liquidsunrayz.com

Video & Photography: Photography by Nightwingphoto.com and video by Most Muscular Video

Backstage policy: 1 assistant per competitor allowed, assistant MUST buy ticket, which is good for General Admission and back stage access.

Routines: Routine length 60 seconds for bodybuilding. Props allowed. Figure competitors furnish their own music for the stage walk at least 90 seconds of music should be provided. Music can be faded out as competitors exit the stage area if longer than actually needed. Music is to be provided on CD only-do not use MP3 format to burn your music.

Hotel: Hampton Inn 7045 McFarland Blvd, Indianapolis, IN 46237 All Rooms equipped with refrigerator and microwave. For discounted rate ask for "OCB rate" 317-889-0722

Directions to Lutheran High: 465 South to Exit 52 Emerson Ave, Turn Left on South Emerson, Left on East Thompson Rd, Right South Arlington, Lutheran High School will be on the Left Side

Payment: Call 317-698-3156 to enter or send Entry Form and Advance Ticket sale information and payments to:

J. Dale c/o Anytime Fitness 5375 E Thompson Rd Indianapolis, IN 46237

Contact: info@sett2win.com Jennifer 317-698-3156 or Jesse 317-538-9662

Keep this page for your reference

www.theOCBwebsite.com or www.sett2win.com

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ENTRY FORM

Name: _____ Email: _____
 Address: _____ Phone: _____
 City: _____ State: _____ Postal Code: _____
 Date of Birth: _____ Age: _____ Height: _____ Weight: _____

WAIVER/RELEASE

Waiver: I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the facility owners, OCB, the promoters, and any sponsors, agents, or representatives for any injuries suffered by me as a result of my participation and/or losses suffered by me as a result of my participation and/or attendance at this contest. I hereby grant the promoters, OCB, any approved magazine, video or entertainment organization and all of their agent's successors, licensees and assignees, the right to photograph or otherwise reproduce my voice, appearance and name and exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, printing, or any other medium now known or hereafter devised, including audio with respect to any merchandising, advertising, and/or publicity and the right to use my name and information about me in connection with any of the foregoing. No further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate, OCB and/or any magazine, video or any approved video entertainment organization to photograph or otherwise reproduce my voice, appearance or name, or to make use of any of the rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further comment.

I agree to abide by the decision of the OCB, and/or contest promoters concerning my participation in an OCB-sanctioned contest pending the results of any form of testing used to detect use of banned substances with OCB. I understand that the administrator or laboratory utilized for substance screenings is the choice of OCB and/or the promoters, and agree to accept the results of said testing, whatever they may be. I hereby waive and release any claims or demands against the OCB, its representatives, sponsors and promoters that may arise out of my participation in an OCB-sanctioned event or my membership in the OCB. I have read, understand, and agree to the above terms.

Name: _____ Date: _____
 Signature: _____
 If under 18, parent's name: _____
 Parent's signature: _____
Credit Card Authorization Total \$ _____
Credit Card Number _____
Expiration Date _____
Name On Card _____
Signature X _____

DIVISION(S) ENTERING (check)

Men's Bodybuilding

Teen
 Novice
 Masters(40+)
 Open PQ

Women's Figure

Novice
 Masters (35+)
 Open PQ

Women's Bodybuilding

Open PQ
 Masters(35+)

Novice Division: Open only to those who have never placed first in any class within any division in the same category (Ex. Figure) with any organization (with the exception of cases where first place was won in a class that only had one competitor in it). No crossovers between Novice and Open. No crossovers between Figure and Bodybuilding.

Amount to Enclose with Entry Form:

Entry \$50 must be received by 9/23. Crossovers \$25 per additional class. OCB Membership \$50. No Late entries will be accepted every competitor will be listed in the program as well as receive a gift bag. Fees non-refundable.

Entry Fee: \$ 50 Crossover Fee: \$25

\$30 Polygraph Fee Paid Directly to Tester

Payment by :

Check or Money Order

To pay via Credit Card complete **credit card authorization** section or

call 317-698-3156

Send Entry & Payment to:
J. Dale c/o Anytime Fitness
5375 E Thompson Rd
Indianapolis, IN 46237
317-538-9662
317-698-3156

Note: If not a current member of OCB and entering bodybuilding or figure, you must also submit an OCB membership form (available on www.theOCBwebsite.com or at the contest on the day of the show - \$50 annual fee, includes a one-year subscription to Fitness & Physique magazine).

